

beactive

GYMS LIMITED



**MAINTENANCE
BROCHURE**





INTRODUCTION

Be Active Gyms provides gym equipment suitable for children.

With our gym equipment, we help schools and parks develop health regimens to improve overall fitness and meet health objectives.

We believe in providing children with the tools and the means to improve their general health. This meets current objectives of government health plans.

So whether you're looking to increase heart rates or exercise specific muscle groups, we have the products for you.

Additionally, our products create fun and interactive environments for students to use and enjoy year-round. A principal benefit of using outdoor exercise equipment is that it provides fresh air whilst students get the exercise they need.

Fresh air means less likelihood of spreading airborne illnesses whilst increasing breathing pace. Furthermore, strenuous activity has been linked to long-term mental and physical health objectives for children. Create a healthier community today.

Standards considered during the manufacturing and installation processes:

EN16630 – Permanently installed outdoor fitness equipment – safety requirements and test methods.

EN1176 – Playground equipment and surfacing.

EN ISO1461 - Hot dip galvanized coatings on fabricated iron and steel articles. Specification and test methods.

EN ISO13290 – Welding. General tolerances for welded constructions. Dimensions for lengths and angles. Shape and position.

HEALTH & SAFETY

At Be Active Gyms, we anticipate the need for standards in children's gym equipment.*

All of the standards that are applied to adult equipment are still fully functional here.

For example, our equipment ensures there are no stop joints: or places where the equipment can trap fingers, skin or clothing.

Instead, there is easily operable machinery.

However, we always recommend supervised usage of our equipment, whether by teachers, parents or other administrators.

Each label on our equipment shows the weights and dimensions that are acceptable for use. Supervised use is the best way to ensure that our equipment is used according to its purpose and design.

Be Active Gyms Ltd cannot be held responsible for improper use of equipment.

*It's important to note that currently there are no government standards for children's gym equipment.





MATERIALS & PROCESSES

All of our materials are in keeping with appropriate UK standards for building materials. Our children's gym equipment is manufactured to the highest health and safety standards.

MATERIALS

- Mild Steel
- Stainless Steel
- Aluminium
- Plastic
- Rubber
- Surfacing for hard or soft play areas, like MUGA or artificial grass.

PROCESSES

Our equipment is crafted using the latest technologies and manufacturing techniques like:

- Robot Welding
- Hot-dip zinc galvanizing
- Zinc passive dip coating
- Powder coating
- Electro zinc plating

INSPECTION

Our equipment is often used in parks and schools, and it is up to schools or local councils to schedule inspections. You must schedule frequent inspections for health, safety, and legal reasons.

We are accredited with the Register of Play Inspectors International (RPII) to ensure that your equipment is functioning properly.

Routine Visual Inspection (carried out daily/weekly depending on usage):

Typically administrators or other competent persons can undertake daily or weekly visual inspections. This means checking to see that the equipment is in good working order and looking for vandalism.

When the equipment is being heavily used, it may be important to check it before every use. Make sure that any visual inspections check safety stops to ensure there aren't finger traps. You can contact our team to learn more about how to conduct visual inspections.

- Paint
- Vandalism
- Rust
- Wear and Tear

Operational Inspection (carried out every 1 – 3 months):

Competent persons or administrators more frequently make these inspections to ensure that the equipment doesn't have chipped paint, loose fastenings, or other issues.

It's also important to assess the stability of your equipment. With the changing seasons and weather, warping can change the shape of the flooring and mean less stability for your gym equipment.

- Paint
- Vandalism
- Rust
- Wear and Tear
- Loose Fastenings, Bolts, Screws
- Stability
- Obvious Signs of Use

Quarterly Inspection:

Get in touch with our team to find an RPII accredited installer for your quarterly inspections.

Annual Inspection / Service:

In order to comply with BS EN 16630 standards, we recommend that you have one of our RPII inspectors come to assess your gym equipment. They will be able to assess standard wear and tear, vandalism, weathering, and more.

Annual inspections are necessary to keep your warranty valid. In addition to this inspection, we will:

- Clean Up
- Touch Up Painting
- Tighten Fastenings

This annual inspection can also help assess changing conditions, whether that means newly constructed buildings, additional equipment installations, or changing landscape architecture.

Hazard Measurement

We measure hazards by considering the intersection of hazard severity and likelihood. You have the potential to get a score between 1-25, with 1-5 being considered low risk of hazard. We believe it's important to mitigate and reduce risk in all scenarios.

Hazard Response

If you receive a rating higher than a five, we recommend you take immediate action to reduce the risks in your play area. As the owner of children's gym equipment, you are legally responsible for ensuring a safe environment for use. Even receiving a lower rating should be taken seriously.

This means ensuring that the area surrounding the equipment is clear and clean, that the equipment is stable and used appropriately, and that you have someone regularly inspecting your equipment.

CLEANING

Keeping your equipment clean is an important part of upkeep and can help you assess whether your equipment is still in top condition. If, during your cleaning, you find fastenings are loose or out of order, contact our team. We'll be able to service your equipment.

Most of our equipment can be properly maintained with a few simple instructions:

- Use soap and cloth to maintain and keep equipment clean. We do not recommend the use of harsh chemicals.
- If you notice chips or defects in the paint, you can simply touch up these small blemishes. Contact us for more information about paint.
- During cleaning, ensure that fastenings and bearings are tightened and secure. Note any places where fastenings repeatedly come loose.
- Ensure that the equipment is properly lubricated after cleaning, especially after wet seasons. This will provide longevity and smooth movement.





Tarmacadam

Tarmacadam is a low-maintenance surfacing that only requires occasional cleanings.

1. To remove moss, excessive dirt, or other growth, we recommend using a pressure washer. Caution should be used with pressure washing: pressure that is too high may damage the tarmacadam surface.
2. For porous surfaces like tarmacadam, we recommend using industrial vacuum cleaners to pick up glass or other hazardous particles. That way, the particles are not embedded in the tarmacadam, posing risks later down the line.

If at any point you feel confused or need help cleaning your tarmac, please call our team.

Wet Pour Safety Surface

There may be a few occasions where you will need to clean your wet pour safety surfacing, such as removing moss and other growth or cleaning up hazardous materials like broken glass. In these instances, please read further.

1. To remove moss and other growth, you may use a pressure washer on the lowest setting. Please demonstrate caution while using the power washer, which can damage the surface if not done carefully.
2. To remove glass or other hazardous particles, we recommend using an industrial vacuum cleaner instead of a pressure washer, which can simply embed the particles into the wet pour.

Contact our team if you have any questions or need help cleaning your wet pour safety surface.



MAINTENANCE



Artificial Grass Surface

In order to keep up the appearance of artificial grass, you must brush the grass so that it does not matt down. The regularity of brushing will be dependent on the amount of foot traffic.

Daily maintenance for artificial grass includes leaf blowing to ensure that leaves and other compostable material don't contribute to the growth of moss, weeds and other pests.



Playgrade Bark


Playgrade Bark requires very little cleaning and maintenance. Raking playgrade bark will stop it from piling and help maintain appropriate levels.











Note - Bark will wear down over time and may need to be topped up with new bark in order to maintain the appropriate fall height.

For any further questions regarding the maintenance and upkeep of your BeActive products, please feel free to get in touch with our expert team.

 0333 121 1121

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Equipment	■	■	■	Comments	Advice
Double Health Walker 					
Double Slalom Skier 					
Double Sit Up Bench 					
Waist Trainer 					
Leg Stretch 					
Double Strength Trainer 					
Rower 					
Sky Stepper 					
Tai Chi Discs 					
Arm & Pedal Bicycle 					
Horse Rider 